

10- minute Cheatsheet to start using your intuition more effectively for your business!

☐ minutes 00-01

Write down all your worries and concerns for today/this week/month/year etc.

- Eg. I am worried that project X won't launch successfully.

☐ minutes 01-02

Prepare yourself for better problem solving using **TLC** (To the Light, Connect).

Connected to the light above and below, and expand your heart energy to be as big as the **universe**. (Video instructions [here](#))

TLC helps you perform at a higher level in your business and makes your **WWITs** more powerful.

☐ minutes 02-03

You are now ready to use the second toolkit, **WWIT**. What Would It Take is a powerful **business intuition tool**. It lets you solve problems and delete worries fast. Don't be deceived by its simplicity.

Take the 1st example and use **WWIT** :

- Eg. I am worried that the project X won't launch successfully.
→ **WWIT** for project X to launch successfully, profitably and joyfully?
- The same goes for your worries for today!
- Now you: _____

WWIT is a way to shift the focus of your mind away from the problem and onto solutions.

☐ minutes 03-05

Nested WWITs

You've got an answer, but you're not quite clear what to do with it or how to get there. So you ask another **WWIT**.

Eg.

- **WWIT** to generate an extra \$XYZ this week?
→ Get three new customers
 - **WWIT** to get three new customers this week?
→ Send out a mass email to my prospect list with an offer.
 - Go down until you come to an action you can start from!

☐ minutes 05-07

Doubt and intuition

Many people confuse **doubt and worry** with **intuitive messages**. Always investigate intuitive messages related to a decision. Use this knowledge to find out if it was a doubt from your **ego** or intuition.

conscious

☐ minutes 07-09

To help trusting your intuition more keep an **intuition journal** — a record of the decisions you've made based on your intuition. Make sure to track everything and you will be able to assess the previous step.

☐ minutes 09 & 10

Add **WWIT modifying words**

Whenever I have a goal I ask **WWIT** to achieve this goal with ease and joy? (Or whatever modifying words I want to add to the goal to get it in the way I want.) For example, **WWIT to win this proposal with ease and joy this week?**

wwit

wwit

magic



TLC

Hawkins scale

Shame	20
Guilt	30
Apathy	50
Grief	75
Fear	100
Desire	125
Anger	150
Pride	175
Courage	200
Neutrality	250
Willingness	310
Acceptance and Forgiveness	350
Reason	400
Love	500
Joy	540
Peace	600
Enlightenment	700-1000

This helps you measure the effect of using **TLC**. After **TLC** you should be at 500 or more.

To measure where you are on the scale you can...

Notice what **emotion(s)** you are **feeling** and the lowest one on the scale is your level. You can run your hand or eye down the list and where it stops is your level.

Find out exactly what you should be doing right now to grow your business:
<http://intuitiveleadershipmastery.com/>

leadership

INTUITIVE BUSINESS GROWTH